

Eye Chat Weekly.

Issue 280 – Friday 19 January 2024



Welcome to this week's quick update giving you news, views and information. Contact Alex or Jill in the office, to offer us your article, or email admin@buryblindsociety.org

We hope you have been coping with the extremely cold weather this week! If you do need help in keeping warm, we have some details below regarding 'Warm Spaces'. Needless to say, our 'New Door Plan' has been slightly revised! The backdoor was fitted on Wednesday but, with the freezing temperatures, we have decided to postpone the side door until it is a little warmer. Details will be distributed. We can already feel a difference with the new door so it's been a great move. Unfortunately, the lock mechanism needs to be adjusted for automatic locking. This will be resolved in the next few days, but in the meantime, it does mean anyone opening the backdoor for visitors must lock the door after entry. Thank you for your patience.

We had an amazing Fundraising and Events Planning session on Monday with lots of fantastic ideas and suggestions being put forward. Thank you for all your input. Over the next couple of weeks, we will put together a schedule but two definitely coming up this quarter will be the annual quiz and another 'Afternoon or Evening With... event. Watch this space!!

Warm Spaces: Throughout Bury there are a number of organisations who have activities and space providing a warm and safe area in a friendly environment. You can access the support available through The Bury Directory via <https://theburydirectory.co.uk/warm-spaces-bury>. Alternatively, speak to a member of staff or Reception Volunteers to access details for you.

Hate Crime Week- 'Hear Me Roar Project Showcase' Bury Council, Livs Trust and Bury Met would like to welcome you to an evening of entertainment, awareness, networking and celebration of achievement at The Met Theatre. Wednesday 7 February. 6.30pm Doors Open. 7pm Start – 8pm Finish & Network. To reserve a place please email r.thickett@bury.gov.uk or speak to a member of staff.

CAB Appointments: Don't forget the monthly one to one appointments, available between 12.30pm and 4.00pm, with Alan Fitzpatrick from Citizens Advice Bury & Bolton starts this month. Meetings alternate between Bury Hearing Hub and Bury Blind Society; this month's session is on Wednesday 24th at Bury Hearing Hub. If you have questions regarding your rights, or

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require guidance if you are unhappy with a service or product you have purchased then Alan is your man. You can book via ourselves or contact Bury Hearing Hub on 0161 763 488, to check if there are any appointments available for this month's session.

Burns Lunch!! This Friday we celebrate 'Rabbie Burns' with our themed Burns Lunch – smoked haddock and chive fishcake to start, followed by Haggis, Neeps & Tatties! Book your place before Thursday!!

Coming Up this week in the Centre:

Monday 22 January:

- 10.30am-12.00pm - Drop In at the Centre (Small Lounge area).
- 10.00am-11.30am – MEGs Group. (Large Lounge)
- 1.15pm-3.00pm – Monthly Musical Afternoon – places pre-booked.

Tuesday 23 January:

- Centre closed for Drop In. Open for Appointments only.
- 11.00am-1.00pm – Ten Pin Bowling Group, meet at Hollywood Bowling. Book via office by Monday if you wish to join.

Wednesday 24 January:

- Low Vision Aid Clinic: Appointment only. Please ask if wish to be referred.
- Emma's Nail & Beauty Clinic – appointments available, Wednesday, Thursday and Friday up to 8pm. Ring Emma on 07850 276 649 to book.
- 10.30am-12.00pm – Drop In: you are welcome to pop in, meet up with friends and have a brew in our Lounge area. All welcome, both clients and friends.
- 1.30pm-2.30pm – Glaucoma Support Group

Thursday 25 January: Meeting in the Lounge Area.

- 10.30am-12.00pm – Healthy Living Group: Dougie will enlighten all on the benefits of looking after your feet! **Note:** Dougie's Clinics are now 2nd and 4th Thursdays, between 10am and 2pm. Book via the office.
- 1.00pm-2.30pm – Thursday Afternoon Group: Tea and Chat week. All welcome.

Friday 26 January:

- 11.30am-2.30pm, Burns Celebration lunch. Delicious haggis, neeps and tatties and more! Please book before Thursday to secure a place.