

Eye Chat Weekly.

Issue 286 – Friday 8 March 2024



Welcome to this week's quick update giving you news, views and information. Contact Alex or Jill in the office, to offer us your article, or email admin@buryblindsociety.org

A busy week for our wonderful fundraising volunteers, providing a Mother's Day Tombola and Wrapping Service at Tesco and the Millgate and together raising over £320! As Easter is so early this year, we are now looking for further volunteers to help out on the Easter Tombola in The Millgate on Wednesday 27th March. The sign-up sheet is on display on the Volunteers Information Board in the Centre but you can just give us a call if you are able to help out. Talking of Volunteering, this Wednesday, 13th is our Volunteers Coffee morning and we are welcoming a guest. Jane Almond, Domestic Abuse Case worker from Bury Council is joining us and providing some valuable insight into support in this area. This information is valuable to all as domestic abuse can affect anyone, emotional and physical– it can be a concern for an elderly neighbour, a friend or even closer to home in a work or group environment. We would encourage you all to come along to have a great understanding and be more aware of what you can do to help.

On Wednesday 13th our Walk & Talk (or Run) Group is meeting at Bury Athletics Ground. The sessions are from 1.30pm for an hour with a small charge of £1 per participant. Please let us know by Tuesday 12th if you are attending and if you will need a sighted guide. You can meet us at the Athletics Ground which is on Market Street, on the left-hand side, heading down towards Wellington Road or at the Centre where a group of us will be walking over, leaving at 1.15pm.

It's all happening on 13th - On Wednesday afternoon we shall also be welcoming University Student, Tamas, who is recording a short film and podcast with a few of our clients. Don't be surprised if there's a camera around in the morning as Tamas is looking to record some background activity. Don't worry, no make-up required as no leading roles. Of course, if you prefer not to be included, please let us know when you arrive.

Theatre WhatsApp! Our WhatsApp group for theatre lovers is going live on Friday 8th March. Don't worry if you are unable to access WhatsApp as we can phone or text, however the people who have already registered have expressed this as being the quickest and easiest way to be kept informed.

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All who join the group will be issued with guidelines on how the process will be operated by BBS to ensure clarity. If you are interested, please ring the office for further information.

Quiz Time! A huge thank you to Gary, Michael and Tommy for all their efforts for our Quiz Night at Elton Liberal Club. No rest for the wicked.... Gary is on duty again on 14th with our Thursday Afternoon Group for his Quiz session. All are welcome to join in. The fun starts at 1pm for 1.30pm start.

Coming Up this week in the Centre:

Don't forget, Emma's Beauty Salon is open Wednesday-Friday. Accessible sessions can be arranged. To book ring Emma on 07850 276 649. This service is open to anyone so please do promote as Emma's Salon provides valuable room hire income for the Society.

Monday 11th March:

- 10.30am-12.00pm - Drop In at the Centre (Small Lounge area).
- 10.00am-11.30am – MEGs Group. (Large Lounge)
- 1.30pm-2.30pm – Music Buddies Fun Afternoon.

Tuesday 12th March:

- Centre closed for Drop In. Open for Appointments only.
- 11.00am-1.00pm – Ten Pin Bowling Group, meet at Hollywood Bowling. Book via office by Monday if you wish to join.

Wednesday 13th March:

- Low Vision Aid Clinic: Appointment only. Please ask if wish to be referred.
- 10.30am-12.00pm – Volunteers Coffee Morning with guest Jane Almond. Open to all. Light breakfast refreshments available.
- 1.30pm-2.30pm – Walk & Talk (or Run) Group, Bury Athletics Ground.

Thursday 14th March:

- Dougie's Foot Clinic, 10.00am-2.00pm – Accessible session. Treat yourself and look after those feet! Appointments still available – ring the office for details. Dougie kindly donates £5.00 per client to the Society.
- 10.30am-12.00pm – Healthy Living Group:
- 1.00pm-2.30pm – Thursday Afternoon Group: Second Thursday of the month so it's Gary's Quiz time! Come along and join the fun.

Friday 15th March: 11.30am-2.30pm: Soup & Sandwich week. Please book before Thursday to secure a place.